

(iosh) Training and Skills™

Getting approval to deliver...

Managing Occupational Health and Wellbeing



www.iosh.co.uk/ManagingOHW

What is the *Managing Occupational Health and Wellbeing* course?



Marking success in *Managing Occupational Health and Wellbeing* Delegates who successfully complete the course receive IOSH's *Managing Occupational Health and Wellbeing* certificate.

Health and wellbeing have become a strategic consideration for businesses. Increasingly organisations need to focus on both what they do and how they do it. According to the IOSH report *The Healthy Profit*, sickness absence due to mental ill health alone costs the UK economy more than £8bn per year. An organisation that is healthy and well is more likely to be productive, innovative and competitive.

Managing Occupational Health and Wellbeing explores the various types of work-related and non-work-related illness and how these can have an impact on work. Recognising that managing occupational health needs a collaborative approach, it looks at how to obtain expert help and understand the different kinds of assistance that are available to an organisation – internally and externally.

Six sources of success

- a short course (five hours and 45 minutes of face-to-face contact)
- first-class content, with technical guidance from leading subject matter experts
- developed with employers, providing practical business focused tools and techniques
- flexibility to deliver the course either in-house or as a scheduled public course
- no jargon or off-putting legal language
- clear scenarios that people can relate to

Managing Occupational Health and Wellbeing delivers...

Who is Managing Occupational Health and Wellbeing for?

Managing Occupational Health and Wellbeing is for managers and supervisors working in any sector, and for any organisation. It's designed to provide managers with the tools and techniques to improve health and wellbeing across their organisation.

What will they get out of it?

The course gives delegates the skills and knowledge they need to keep their teams healthy at work. Successful delegates are awarded an IOSH Managing Occupational Health and Wellbeing certificate.

What will employers get out of it?

- improved, organisation-wide awareness of health and wellbeing, leading to a healthier and more productive workplace
- globally-recognised and respected certificated training for their managers and supervisors
- peace of mind offered by training that's designed and quality-assured by the Chartered body for safety and health professionals
- flexibility – the programme can be delivered in time-slots that suit the business

What will trainers get out of it?

- straightforward, high-quality training designed by a team of specialists
- a ready-to-go programme pack – we've done the hard work, saving trainers the headache and the hassle
- full back-up from our support team on every aspect of training, from advice on the training environment to guidance on marking assessments
- free technical updates

And the end results are...

- managers better equipped to be effective in a modern workplace
- fewer hours lost due to ill-health and reduced presenteeism, resulting in greater productivity
- improved, company-wide health awareness culture and appreciation for occupational health promotion
- proactive staff involvement to improve the workplace
- enhanced reputation within the supply chain.



Managing Occupational Health and Wellbeing covers...

A healthy company

Delegates learn about health management and why it makes good business sense to manage occupational health and wellbeing in the workplace. They also learn what a health needs assessment is and the key considerations that should be taken into account when carrying one out.

Health risk assessment

Introduces the five health hazard categories and looks at the causes of work-related health hazards in each category and their impact. Through an interactive exercise, delegates carry out their own health risk assessment and put together an action plan to monitor health risks.

Fitness for work

Examines the different types of non-work-related conditions and how they can affect fitness for work. Discusses the importance of managing the fluctuations in people's health status and the benefits of getting people back to work.

Wellbeing

Delegates learn what a wellbeing strategy includes and how the introduction and promotion of a wellbeing programme can influence and add value to an organisation.

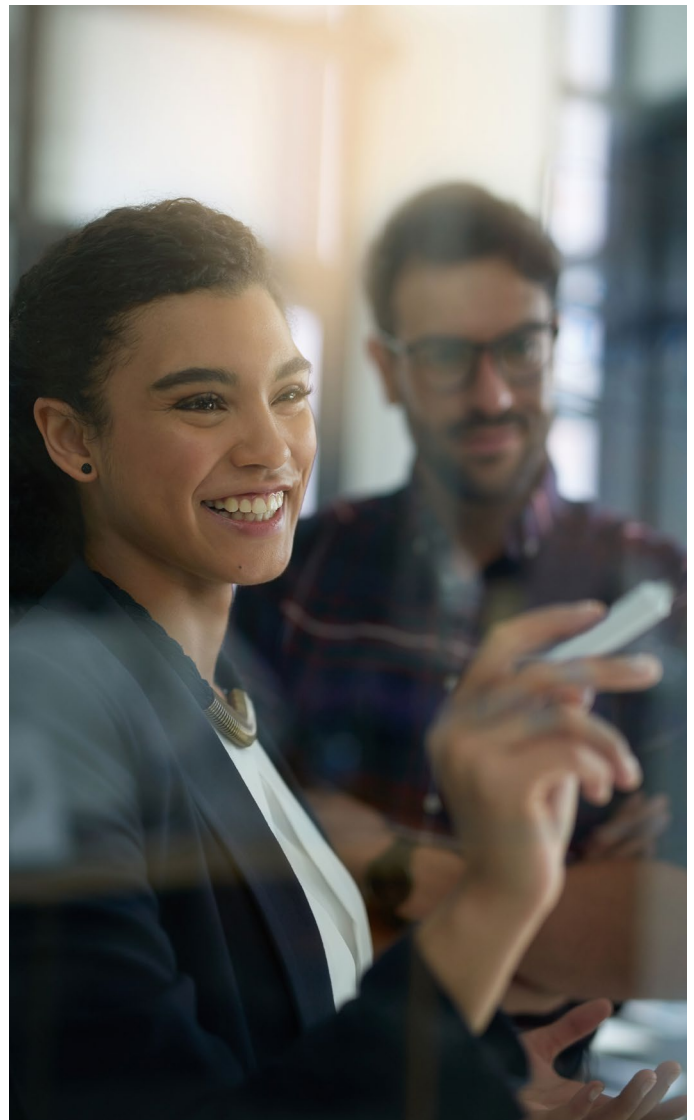
Managing Occupational Health and Wellbeing includes...

- access to an online platform which enables trainers to deliver the face-to-face course to delegates
- a course presentation, featuring engaging activities, videos and case studies
- unlimited access to digital trainer notes (step-by-step guidance on delivering the course)
- a digital bank of assessment papers and marking papers
- a delegate workbook with sections for notes

Gaining access to IOSH's Course Management System (CMS) will help you manage and deliver IOSH-packaged courses through one central, web-based platform.

The CMS allows us to keep our course content up-to-date, with the latest guidance. It also enables you to create personalised or translated versions of IOSH courses to address unique training needs. It's compatible on Windows with Internet Explorer version 10 or above, Chrome and Firefox (latest versions). It's also compatible on Macs with Safari and Chrome (latest versions).

Once you log in to the CMS, it's easy to run or manage your licensed courses, manage any other trainer users who are assigned to your training provider account, and produce information on course usage. We've produced a dedicated extension for the Chrome browser for you to install, so that you can deliver IOSH courses offline – anytime, anywhere, without an internet connection.





Delivering *Managing Occupational Health and Wellbeing*

If you want to run *Managing Occupational Health and Wellbeing*, you or someone from your organisation must be the 'nominated IOSH member'. It's this person's responsibility to oversee the course and act as the first line of quality control. Centrally, quality control is provided by IOSH's Training team.

All trainers who deliver *Managing Occupational Health and Wellbeing* need to:

- be at least a Technical Member of IOSH (a safety and health qualification is required) – all members' CPD must be in good standing
- have two years' substantial, face-to-face, training delivery experience
- have an adult training qualification at level 3 (QCF); or equivalent on a recognised qualifications framework

OR

- have completed the IOSH Train the Trainer course successfully

Call us on **+44 (0)116 257 3605** to talk through your training needs or email courses@iosh.com. Find more details online at www.iosh.co.uk/ManagingOHW

IOSH

The Grange
Highfield Drive
Wigston
Leicestershire
LE18 1NN
UK

t +44 (0)116 257 3100

www.iosh.com

 twitter.com/IOSH_tweets

 facebook.com/IOSHofficial

 tinyurl.com/IOSH-linkedin

 youtube.com/IOSHchannel

IOSH is the Chartered body for health and safety professionals. With more than 47,000 members in over 130 countries, we're the world's largest professional health and safety organisation.

We set standards, and support, develop and connect our members with resources, guidance, events and training. We're the voice of the profession, and campaign on issues that affect millions of working people.

IOSH was founded in 1945 and is a registered charity with international NGO status.

IOSH Services Limited is a wholly owned subsidiary of the Institution of Occupational Safety and Health Registered office: as above

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